

IF School of Ballet Summer Intensive Schedule

Advanced Level

12:30 – 1:00 p.m. Yoga/Pilates

1:00 – 2:30 p.m. Advanced Ballet Technique

2:30 – 3:30 p.m. Advanced Pointe

3:30 – 4:00 p.m. Break

4:00 – 5:30 p.m. Advanced Musical Theater or Advanced Contemporary

Intermediate Level

12:00 – 1:30 p.m. Intermediate Musical Theater/Intermediate Contemporary

1:30 – 2:00 p.m. Yoga/Pilates

2:00 – 2:30 p.m. break

2:30 – 4:00 p.m. Intermediate Ballet

4:00 – 4:30 p.m. Intermediate Pointe

Lower Intermediate Level

9:00 – 10:45 a.m. Ballet technique and pointe or pre-pointe preparation

10:45 – 11:00 a.m. break

11:00 a.m. – 12:00 p.m. Musical Theater/Contemporary

Adult Classes

9:00 – 10:15 a.m. Tuesday June 14 and Thursday June 16

Ballet class placement will be determined the first day of the Intensive. Students may mix different level classes per the instructor's recommendation.